

First Aid Kit Contents (NI)

To meet the **minimum requirements** for a first aid kit your church must have the following available in its kit:

- 40 adhesive dressings (20 waterproof, 20 blue detectable)
- 4 large triangular bandages (Calico)
- 6 medium sterile dressing pads
- 2 large sterile dressing pads
- 3 pairs of vinyl gloves
- 6 antiseptic wipes
- 6 safety pins

The following is the **recommended contents** for a first aid kit for your church:

- Wall bracket
- 80 adhesive dressings (20 fabric, 20 waterproof and 40 blue detectable)
- 4 calico bandages
- 6 medium sterile dressing pads
- 2 large sterile dressing pads
- 2 medium sterile dressings (number 8)
- 2 sterile non-adherent absorbent dressings (5 x 5cm)
- 2 sterile non-adherent absorbent dressings (10 x 10cm)
- 3 big plasters non-woven (7.5 x 7.5cm)
- 2 big plasters non-woven (7.5 x 10cm)
- 1 roll hypoallergenic tape
- 1 pair clothing shear scissors
- 6 pairs vinyl gloves
- 6 antiseptic wipes
- 6 safety pins

Source: www.redcrossfirstaidtraining.co.uk